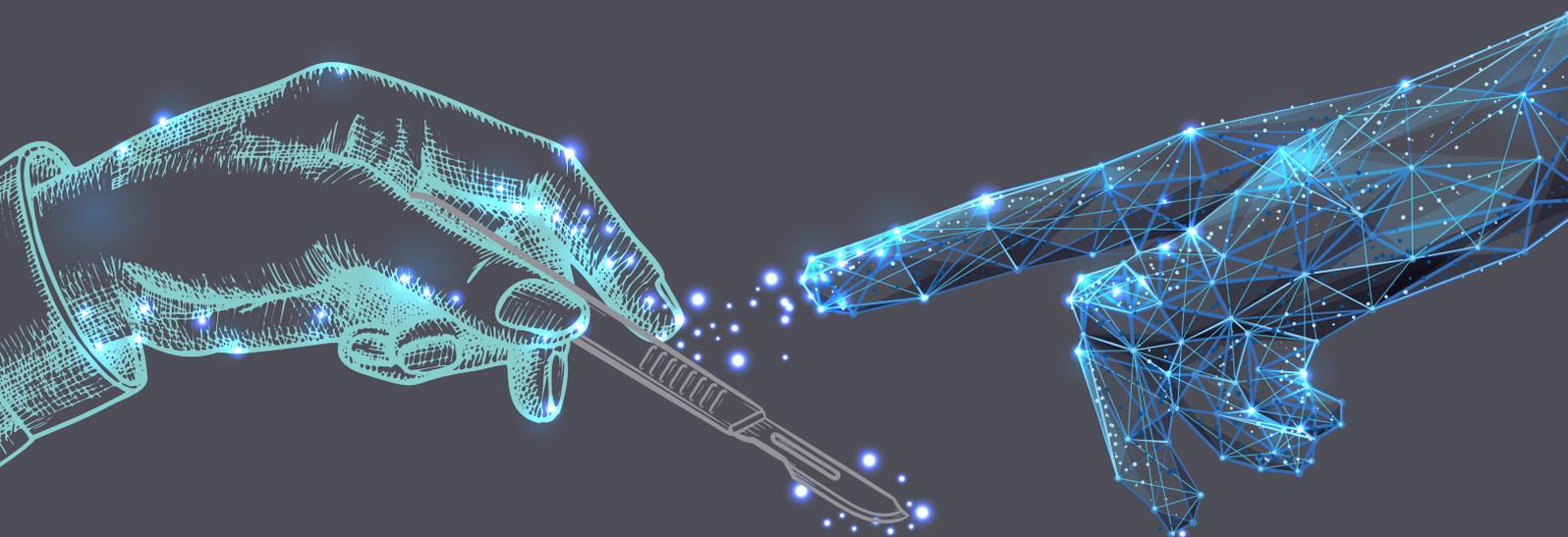


VPNG

victorian perioperative
nurses group

STATE CONFERENCE 2021

DELEGATE REGISTRATION



POWER OF THE PAST -
FORGING THE FUTURE

FRIDAY 16TH & SATURDAY 17TH JULY 2021

MELBOURNE CONVENTION AND EXHIBITION CENTRE

CONTENTS

President Welcome Message	3
Venue Details	4
Plenary Speakers.....	6
Workshops - Friday 16th July	8
Conference Program - Friday 16th July	9
Conference Program - Saturday 17th July	11
Registration Fees.....	13

OFFICE CONTACT DETAILS

Raechel Richards, Administration Officer

Email: enquiries@vpng.org.au

Telephone: 1300 721 169 (Tuesdays and Thursdays only)

PRESIDENT WELCOME MESSAGE

On behalf of the Victorian Perioperative Nurses Group I am extending an invitation to attend the 54th VPNG State Conference; 'Power of the Past - Forging the Future'. The Conference will be held at the Melbourne Convention and Exhibition Centre on Friday 16th and Saturday 17th July 2021.

A diverse educational program has been developed with a focus on workshops and valuing past experiences to help guide future developments. Rachael Robertson will open the Conference with her Keynote Address. Rachael is a prominent inspirational speaker who is highly acclaimed. She will share how she led and inspired her team during a long tough year in the Antarctic. Rachael gives practical advice that can be applied within any workplace to improve team cohesion. This is not to be missed! Following Rachael will be Bryan Jeffrey, an expert in occupational violence and aggression who explores whether zero tolerance in nursing is achievable. The program on Friday has a focus on practical workshops from Rachael and Bryan. Samuel Johnson will open the Conference on Saturday 17th July with his Keynote Address about his service to cancer research support organisations and to the performing arts. The Conference Program includes a broad range of topics, including intraoperative, anaesthetic and postoperative nursing, presented by expert clinicians.

Topics include: infection prevention, volunteering, preceptorship, de-escalation and managing behaviours of concern, mental health and self-care, transgender surgery, minimising surgical plume, career development, managing difficult conversations, ACORN Standards Roadmap project, ANZCA Guidelines and surgical advancements to name just a few.

The Conference will be closed by Zule; a wonderfully talented nurse who's show 'Triage Cabaret' will have you simultaneously laughing and breaking out in dance!

Once again the Trade Exhibition is an integral part of the State Conference providing an opportunity for VPNG members to remain informed of the latest advances in perioperative nursing. After the program on Friday, a

'Networking Happy Hour' will be held within the Trade Exhibition space and will be a great way to celebrate the first day of the Conference and catch up with old and new friends before heading out into South Wharf for the evening.

VPNG has COVIDsafe plans in place and will work with the venue to ensure the safety of all attendees. This year you will notice some differences to our usual Conference event. There will be a contactless registration and check in using QR codes. Another major difference is that there will be no hard copy Conference programs or advertising flyers. This will be provided to you in an electronic format. Not only does this ensure that we remain COVIDsafe in minimising unnecessary contact, but also significantly reduces our carbon footprint.

Please ensure you have your mobile phone on you to ensure contact tracing efforts in addition to accessing this electronic material. Physical distancing will be maintained and catering will also ensure the minimisation of contact opportunities. You can rest assured that all measures to reduce infection and maximise infection prevention will be in place during this event.

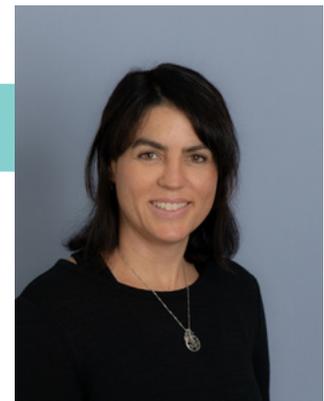
On behalf of the VPNG Committee, we look forward to seeing you all at the 54th State Conference and thank you for your ongoing support of perioperative nursing in Victoria.



Tarryn Armour
VPNG President

CONTINUING PROFESSIONAL DEVELOPMENT

The Conference will allow you to develop learning objectives which will contribute towards continuing professional development hours. Each hour of education content you attend can be included in your professional portfolio.



GETTING THERE

BY TRAM

Tram routes 96, 109 (Stop 124A Casino/MCEC) will all take you to our Clarendon Street entrance. Otherwise, tram routes 48 and 70 (Stop D5) take you to Flinders Street. From there, it's just a short walk up Clarendon Street until you reach us. For tram timetables or further trip planning, use Public Transport Victoria's Journey Planner.

BY TRAIN

Our closest station is Southern Cross. Once you exit the station, you can catch the 96, 109 or 12 tram routes and arrive at MCEC in just a few stops. For train timetables or further trip planning, use Public Transport Victoria's Journey Planner.

BY CAR

If you're getting a lift to the Convention Centre, the entrance near DFO is the closest drop off point. If you're driving in, our Exhibition Centre car park can be accessed via Normanby Road.

PARKING @ MCEC

Discounted parking is available for \$17 at the MCEC Car Park (must enter before gam) which is accessible off Normanby Road

- Once inside, park as close to door 10 as possible
- Come up to ground level and onto the concourse
- Turn left into the link between the concourse & new exhibition bays
- The Eureka rooms will now be on your left & entrance to the Trade Exhibition & Goldfields Theatre directly at the end of the corridor

ACCOMMODATION

There are many accommodation options in Melbourne close by the Melbourne Convention and Exhibition Centre.

Here are links to the closest accommodation options with availabilities from lowest to highest cost per night.

Ink Hotel <https://inkhotels.com/melbourne-southbank/>

Melbourne City Apartments <https://www.melbournecityapartments.com/>

Imagine Marco <https://www.imaginehotelsresorts.com/marco>

Adina Apartment Hotel https://www.adinahotels.com/en/apartments/melbourne-northbank/?utm_source=googleplaces&utm_medium=organic&utm_campaign=googleplaces

The Clarendon Hotel & Skybar <https://www.clarendonmelbourne.com.au/>

Shadow Play Melbourne <https://www.peppers.com.au/shadow-play/>

Crowne Plaza https://www.ihg.com/crowneplaza/hotels/us/en/melbourne/melfs/hoteldetail?cm_mmc=GoogleMaps_-_CP_-_AU_-_MELFS

Crowne Promenade <https://www.crownhotels.com.au/melbourne/crown-promenade>

Crowne Metropol <https://www.crownhotels.com.au/melbourne/crown-metropol>



IN AND AROUND MELBOURNE CONVENTION AND EXHIBITION CENTRE

Discovering Melbourne's hidden gems: When it comes to location, it doesn't get much better than the world's most livable city. Set on the banks of the iconic Yarra River, MCEC is just a short walk away from the city centre, providing the ideal starting place to uncover Melbourne's world-famous laneways, restaurants, galleries and boutiques. Further information can be found:

<https://mcec.com.au/discover/experience-melbourne>

https://whatson.melbourne.vic.gov.au/Placestogo/Precincts_Neighbourhoods/SouthWharf/Pages/SouthWharf.asp

PLENARY SPEAKERS

FRIDAY 16TH JULY

RACHAEL ROBERTSON



Rachael Robertson returned to Australia after 12 months in the Antarctic, where she successfully led the 58th Australian National Antarctic Research Expedition to Davis Station. She is only the second female to ever lead a team at the Station and one of the youngest ever leaders. This

leadership role is a truly unique experience. Antarctica in winter is totally inaccessible which means once the last ship leaves at the end of February, no one can leave the base under any circumstance (not even if you are dying) until the ship returns in November. It's a 24 hour a day, every day of the year, leadership role.

Rachael was responsible for all aspects of life on the Station, from the safety and welfare of over 120 expeditioners in Summer, to the delivery of the Australian Government's \$30mn science program. In any circumstance, this would be a tough role, but for a female in a male dominated environment, it was also a very challenging one!

Prior to this Rachael held senior operational management roles for 16 years in a range of complex and challenging environments, including fire-fighting and now works in the field of leadership development sharing her experiences.

Since returning to Australia, Rachael has completed her MBA and written a best-selling book, "Leading on the Edge", based on her year in Antarctica. She is an international keynote speaker and has presented at over 1,500 conferences around the world.

BRYAN JEFFREY



Bryan Jeffrey is the Director of MOAT: Mental Health Services. With over 25 years of clinical experience as a Registered Psychiatric Nurse, Bryan develops and delivers mental health training packages to demystify and destigmatise the minefield of mental illness and mental wellbeing. Further details about Bryan are available at www.moat.com.au.

Bryan's keynote address asks the question: "Occupational Violence & Aggression - Is zero tolerance achievable?". Bryan will explain what occupational violence is, why it happens and what barriers exist to a safe workplace before focusing on whether we need zero tolerance or zero violence and if we can realistically reach this goal.

DANIEL O'BRIEN



Associate Professor Daniel O'Brien is the Deputy Director of Infectious Diseases at Barwon Health and is an Australian expert on the Buruli Ulcer; sometimes called the Bairnsdale ulcer. The Buruli ulcer is endemic in the coastal regions of Victorian and northern

Queensland and the incidence is increasing annually. The reason for this remains unknown, however Assoc Prof Daniel O'Brien is leading research in this area. The Buruli ulcer is a severely debilitating condition that causes necrotising, progressive lesions, usually on the limbs but occasionally affecting the face or trunk. If left untreated it can progress to cause significant tissue destruction and may result in permanent deformity

and disability, or even limb amputation. Many people diagnosed with a Buruli ulcer require surgical intervention with many visits to the operating room. The frustrating thing to all involved is that the mode of transmission remains unclear—it is hard to prevent something when you don't know how you get it in

the first place. Although it is estimated to be the third most common mycobacterial infection worldwide it remains significantly under researched. Assoc Prof Daniel O'Brien will discuss his research in this field and shed light on how we can minimise further spread of this debilitating disease.

SATURDAY 17TH JULY

SAMUEL JOHNSON



Samuel Johnson OAM is an Australian actor, radio presenter, voiceover artist and philanthropist. He is best known for his roles as Evan Wylde in the television series *The Secret Life of Us* for which he won the AFI award for Best Performance

by an Actor in a Leading Role in a Telefeature in 2001, Leon Broznic in *Rush*, Toby Kirby in *After the Deluge* and as Molly Meldrum in the miniseries *Molly* for which he won the AACTA Award for Best Lead Actor in a Television Drama and won the Gold Logie for Most Popular Personality on Television of 2017.

In 2021 Sam and his sister, Connie Johnson, started the Love Your Sister Charity, which supports the Garvan Institute of Medical Research. Fundraising events have included riding 15,000 km on a unicycle in a year-long attempt in which he broke the Guinness World Record for the longest unicycle journey and raised over \$1.4 million for the Garvan Institute of Medical Research to find a cure for breast cancer. Sam's stated mission is to remind every Australian woman about the need to be 'breast aware', in an effort to promote early detection and improve survival rates, via his charitable foundation, Love Your Sister. In 2016, Johnson was awarded the Medal of the Order of Australia (OAM) for service to cancer research support organisations, and to the performing arts. On 24 August 2019, Love your Sister reached their initial goal of \$10,000,000.

ZULE



Born and bred in Western Sydney, Zule has studied Performance for TV at NIDA, & Musical Theatre at the Victorian College of the Arts. She also holds a Health & Science degree as a Division 1 Registered Nurse.

Long story short, Zule is a wearer of many hats.

Zule (pronounced like Julie with a Z) is one of Australia's most unassumingly versatile artists. Having been on Australia's TV screens in multiple award winning TV series & commercials, they create original content winning multiple awards for their stage shows and has won Screenwriters Australia's SFAG ROAR TV script competition.

You might recognise Zule as the face of Coles Car Insurance, appearing on *Offspring*, *Please Like Me*, *Murder Calls*, *Seven Types of Ambiguity*, *Fancy Boys*, *the InBesitgators*, *Our Watch*, *Australian Super* and *The Wrong Girl*.

"I have always had an obsession with cartoons & comedy. There is nothing more therapeutic to a tortured soul than a good old belly laugh! From a very young age, I have been around the sick, the infectious, the dying, the anxious and the depressed. The one thing I could give them all was a smile and sometimes a laugh - that comes for free with no bad side effects. Suddenly, I managed to get them to forget about pain, even if it was only for a second. I decided to be a ham and heal with laughter for the rest of my life."

WORKSHOPS - FRIDAY 16TH JULY

NO TRIANGLES (LIMITED TO 50 DELEGATES)

RACHAEL ROBERTSON

Integrity is critical to the success of a team, and a lack of it leads to poor performance. Teams and organisations need simple ways to encourage the right behaviours, and the tools to call out behaviours that are counterproductive. One simple teamwork tool can increase staff productivity by up to 40 per cent. No triangles is the practice of conducting direct conversations when issues or problems arise. I don't speak to you about him, and you don't speak to me about her. If I have an issue with someone I go directly to that person, I don't take it to a third party. Implementing a no triangles culture builds integrity in a team and ensures we treat each other with respect.

DE-ESCALATION AND MANAGING BEHAVIOURS OF CONCERN

BRYAN JEFFREY

- Why we escalate.
- Signs of escalation.
- Multi-sensory de-escalation.
- The 10 domains of de-escalation.
- The ABC model of behavioural change.
- Achieving multi-disciplinary consistency.

MENTAL WELLBEING AND SELF-CARE FOR PERIOPERATIVE NURSES

BRYAN JEFFREY

- Understanding neurochemistry and the effects of stress.
- When stress becomes anxiety - what helps?
- Supporting the colleague with depression.
- The importance of self-care in healthcare.
- Practical self-care strategies that may help.

PRECEPTORSHIP 101: UPDATING YOUR SKILLS TO PREVENT BURNOUT

ERIN WAKEFIELD

- Minimising transition shock
- Enhancing workplace connections and building a positive culture
- Effective communication using Advocacy Inquiry
- Sharing the load

CONFERENCE PROGRAM FRIDAY 16TH JULY 2021

09:00 – 09.10 Welcome to Country - Opening Address and Welcome, TARRYN ARMOUR, VPNG President

09:10 – 11:00 **PLENARY SESSION - Goldfields Theatre**

Keynote Address, RACHAEL ROBERTSON, Rachael Robertson Pty Ltd

"Occupational Violence & Aggression - is zero tolerance achievable?", BRYAN JEFFREY, Director - Mental Health Services (MOAT)

11:00 – 11:30 **MORNING TEA - Goldfields Theatre**

11:30 – 13:00 **CONCURRENT SESSIONS**

	JUDITH BRIDGES Concurrent Session Goldfields Theatre (Strictly 50 delegates)	HELEN BARALLON Concurrent Session Eureka 2	BERNADETTE BRENNAN Concurrent Session Eureka 3
11:30 – 12:30	WORKSHOP No Triangles RACHAEL ROBERTSON Rachael Robertson Pty Ltd	WORKSHOP De-escalation and managing behaviours of concern BRYAN JEFFREY Director, Mental Health Services (MOAT)	WORKSHOP Preceptorship 101: updating your skills to prevent burnout ERIN WAKEFIELD Lecturer in Nursing, Monash University
12:30 – 13:00	Thinking of volunteering? All you need to know about Mercy Ships JONATHAN HARDWICK		Returning to study: the positives and the perils ERIN WAKEFIELD Lecturer in Nursing, Monash University

13:00 – 14:30 **LUNCH & TRADE EXHIBITION**

14:30 – 15:30 **CONCURRENT SESSIONS**

	JUNE ALLEN Concurrent Session Goldfields Theatre	SR. MARY FELIX Concurrent Session Eureka 2	MAREA FENNELL Concurrent Session Eureka 3
14:30 – 15:00	What does it take to be a Nurse Endoscopist? EBONY KEARNS Nurse Endoscopist, Bendigo Health	Mental wellbeing and self-care for perioperative nurses BRYAN JEFFREY Director, Mental Health Services (MOAT)	Advances in Cardiac Surgery TBC
15:00 – 15:30	Pathway to Nurse Practitioner BEC EAST Nurse Practitioner/CEO, Bendigo Orthopaedic & Sports Medicine Clinic / ACORN		TBC

- 15:30 – 16:00 AFTERNOON TEA & TRADE EXHIBITION
- 16:00 – 16:45 **PLENARY SESSION** - Goldfields Theatre
The Buruli Ulcer - the known and unknown, ASSOC PROF DANIEL O'BRIEN, Deputy Director
Infectious Diseases - Barwon Health
- 16:45 – 17:00 Closing of Day 1
- 17:00 – 18:00 **NETWORKING HAPPY HOUR - TRADE EXHIBITION AREA**

Please note that the program is still to be finalised
and many more exciting speakers will be added.

CONFERENCE PROGRAM SATURDAY 17TH JULY 2021

09:00 – 10:15 **PLENARY SESSION - Goldfields Theatre**
Love Your Sister - Cancer Vanquishing Charity, SAMUEL JOHNSON

10:15 – 11:00 **MORNING TEA & TRADE EXHIBITION**

11:00 – 12:30 **CONCURRENT SESSIONS**

	JUDITH BRIDGES Concurrent Session Goldfields Theatre	HELEN BARALLON Concurrent Session Eureka 2	BERNADETTE BRENNAN Concurrent Session Eureka 3
11:00 – 11:30	Difficult conversations made easy DR ARLENE WALKER Assoc Head of School - Psychology, Deakin University	Transgender Surgery IFFY MIDDLETON Perioperative Nurse, Andrew Ives Medical	PS04 Explained: What it means to you DR PAULA FORAN Unit Chair/RN, University of Tasmania
11:30 – 12:00	EMR: Lessons learned from implementation GRANT WALLACE EMR Training Analyst, Peter MacCallum Cancer Centre	Advances in Vascular Surgery	Research Nurses in Anaesthesia - A career frontier DR MELISSA FORMICA Research Fellow, Barwon Health
12:00 – 12:30	Looking after your staff: Fatigue management	Smoke evacuation now for a better future LIZ KRSTEVSKI Registered Nurse, Barwon Health	The important benefits of finding your mentor DR PAT NICHOLSON & ELYSE COFFEY Associate Professor of Nursing/ Lecturer in Nursing, Deakin University

12:30 – 14:00 **LUNCH & TRADE EXHIBITION**

VPNG STATE CONFERENCE 2021

14:00 – 15:00 CONCURRENT SESSIONS

	JUNE ALLEN Concurrent Session Goldfields Theatre	SR. MARY FELIX Concurrent Session Eureka 2	MAREA FENNELL Concurrent Session Eureka 3
14:00 – 14:30	Perioperative music medicine! ANGELINA DRAPER Registered Nurse, Maryvale Private Hospital	ACORN Roadmap Project - Update and Q&A TRISH FLOOD & BEC EAST CEO/President, ACORN	TBC
14:30 – 15:00	PS04 Explained: What it means to you DR PAULA FORAN Unit Chair/RN, University of Tasmania		

15:00 – 15:30 AFTERNOON TEA - Goldfields Theatre

15:30 – 17:10 PLENARY SESSION - Goldfields Theatre

15:30 – 16:00 AGM / Service Awards / Acknowledgements

16:00 – 17:00 "Triage Cabaret", ZULE, Registered Nurse/Entertainer

17:00 – 17:10 Close of Conference, TARRYN ARMOUR, VPNG President

Please note that the program is still to be finalised
 and many more exciting speakers will be added.

Melbourne Convention and Exhibition Centre
Friday 16th & Saturday 17th July 2021



REGISTRATION FEES

Online registration can be completed at <http://thq.fyi/se/7TW2014>

REGISTRATION FEES	MEMBER EARLY BIRD (PRIOR TO 23 APRIL 2021)	MEMBER AFTER 23 APRIL 2021	NON MEMBER EARLY BIRD (PRIOR TO 23 APRIL 2021)	NON MEMBER AFTER 23 APRIL 2021
FULL REGISTRATION (including all catering on Friday and Saturday and Networking Drinks on Friday night)	\$420	\$520	\$590 Join VPNG and pay member rates*	\$690 Join VPNG and pay member rates*
ONE DAY RATE- FRIDAY (price includes Networking Happy Hour)	\$270	\$320	\$415 Join VPNG and pay member rates*	\$465 Join VPNG and pay member rates*
ONE DAY RATE- SATURDAY	\$220	\$270	\$365 Join VPNG and pay member rates*	\$415 Join VPNG and pay member rates*

All prices Inclusive of GST

Become a member for \$100 via www.vpng.org.au and then only pay the member registration rate (Inclusive of GST)

Registrations close midnight Sunday 11th July 2021

Cancellation Policy

All registrants who cancel their registration must do so in writing to VPNG to enquiries@vpng.org.au or to PO Box 106, East Melbourne, 8002

Registration fees will be refunded as follows:

- On or before 25th June 2021, 100% of fees less \$50.00 administration costs.
- Refunds for cancellations after 25th June 2021 are possible only under exceptional circumstances and will be at the discretion of the VPNG Committee.

Privacy Act Statement

Your name has been collected for registration purposes. A registration list will be made available at the conference for sponsors, exhibitors and delegates. The list will include your name and hospital only. Photos will be taken at the event for promotional reasons. Please contact enquiries@vpng.org.au if you do not give permission for your photo to be taken or your details to be made available to sponsors, exhibitors or delegates.